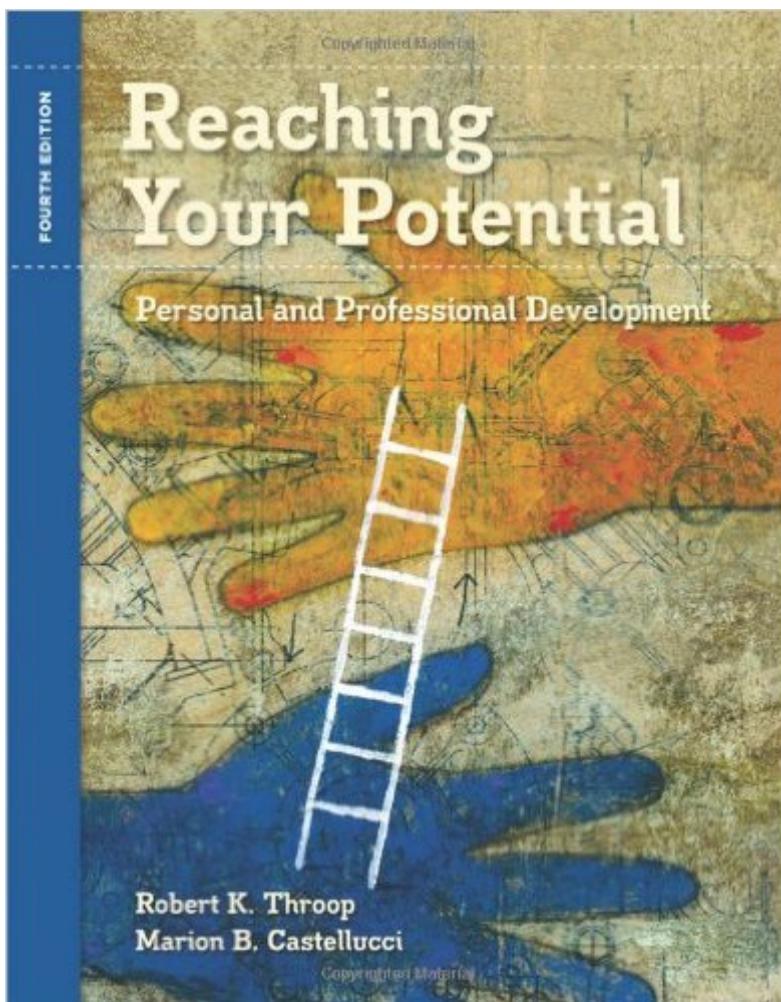


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# Reaching Your Potential: Personal And Professional Development (Textbook-specific CSFI)



## **Synopsis**

REACHING YOUR POTENTIAL takes a holistic approach to helping students take control of their lives and improve their self-belief. The text is organized around the four areas of emotional, intellectual, physical and social potential. Through a process of learning and self-examination, students discover their values, increase their commitment to personal goals, and challenge themselves to grow and learn. While gaining practical knowledge and skills, students will discover their emotional, intellectual, physical, and social resources. This model, which is thematically integrated throughout the text, allows readers to emerge from their learning experience understanding the importance of developing each of these areas in order to reach their fullest potential. The text involves readers in active learning with self-assessments, activities that apply concepts to their own lives, questions that test comprehension, and case studies to foster critical-thinking skills.

## **Book Information**

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## **Customer Reviews**

I loved this book, Reaching Your Potential: Personal and Professional Development (Textbook-specific CSFI) 4th Edition it helped me get an A+ in Life Management at Saddleback College! This book Reaching Your Potential: Personal and Professional Development (Textbook-specific CSFI) 4th is a must for anyone that wants to know the basics about our life and potential! I wish I had it when I was a high schooler a million years ago! more about this

book:REACHING YOUR POTENTIAL takes a holistic approach to helping students take control of their lives and improve their self-belief. The text is organized around the four areas of emotional, intellectual, physical and social potential. Through a process of learning and self-examination, students discover their values, increase their commitment to personal goals, and challenge themselves to grow and learn. While gaining practical knowledge and skills, students will discover their emotional, intellectual, physical, and social resources. This model, which is thematically integrated throughout the text, allows readers to emerge from their learning experience understanding the importance of developing each of these areas in order to reach their fullest potential. The text involves readers in active learning with self-assessments, activities that apply concepts to their own lives, questions that test comprehension, and case studies to foster critical-thinking skills

This is the best book I have read in a long time. I recommend this book for anyone who has gone through some things and desires to be better than they have been in the past and struggling to do it without guidance. This book helps you examine your life and truly reach your fullest potential!

book was received quickly and in great shape for the money. would recommend this seller. the edition was an older one, but it was not that much different than the one used in class and it served its purpose well.

I gave it a 3 because I was thrilled with my prompt service and upon arrival my books looked great! I've always been very satisfied with ! Much to my dismay...I have a 4 week intense course and I have to read 6 chapters this week. My first assignment...page 14 is missing from the book. In fact pages 13-16 are missing. I did happen to find other pages missing as well. I am determined to succeed in this class but this makes it very difficult.

Unless mandated by your educational institution, avoid purchase of this positive affirmation spouting garbage. Even if you're supposed to get it, you can probably get by without it.

The book was in good condition. I was a little unsure if I was renting or purchasing the book. I thought I was purchasing and in fact I was.

Very organized and easy to navigate and is helpful when needing to look something up fast. I would

definitely recommend this E-Book.

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